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| **CHILDHOOD STRESS & ANXIETY****BUILDING RESILIENCE****EMPOWERING STRATEGIES EFFECTIVE SUPPORTS** |
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| Presentation and Discussion By:**Julie-Anne Richards,** M.A., R.C.C., C.C.C.Registered Clinical Counselor, Psycho-educational Consultant[www.JulieAnneRichards.com](http://www.julieannerichards.com/) |
| 6:00-8:00 pmThursdayNovember 7, 2019**HILLCREST ELEMENTARY SCHOOL**4421 Greentree Terr, Victoria | Tailored for Parents, Caregivers and Educators supporting children ages 5 - 11 experiencing stress & anxiety**PRESENTATION****INCLUDING Q & A**  |
| Free Event!**REGISTRATION REQUIRED** (Click to Register) [https://www.eventbrite.com/e/](https://www.eventbrite.com/e/childhood-anxiety-presentation-tickets-72192280053?aff=utm_source%3Deb_email%26utm_medium%3Demail%26utm_campaign%3Dnew_event_email&utm_term=eventurl_text)[parent-presentation-on-childhood-anxiety-tickets-74376274439](https://www.eventbrite.com/e/parent-presentation-on-childhood-anxiety-tickets-74376274439?aff=utm_source%3Deb_email%26utm_medium%3Demail%26utm_campaign%3Dnew_event_email&utm_term=eventurl_text" \t "_blank) |
| Event Hosted by: Hillcrest Elementary PAC and inviting All Elementary Schools in the Area – **All Adults Welcome**Funded by the Eric Palmer Memorial Foundation [www.ericfoundation.com](http://www.ericfoundation.com/) |